

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

SECTION 1: Identification of the substance/mixture and of the company/undertaking

1.1 Product identifier

Trade name	: Helix Extra Professional AR-L 5W-30
Product code	: 001N7292

1.2 Relevant identified uses of the substance or mixture and uses advised against

Use of the Sub-stance/Mixture	: Engine oil.
Uses advised against	: This product must not be used in applications other than those listed in Section 1 without first seeking the advice of the supplier.

1.3 Details of the supplier of the safety data sheet

Manufacturer/Supplier	: Skeljungur hf Borgartún 26 105 Reykjavík
Telephone	: +354 (444) 3000
Telefax	:
Contact for Safety Data Sheet	: msds@skeljungur.is

1.4 Emergency telephone number

: Emergency Line: Ambulance, Fire Department and Police,
Phone 112
; Toxic Center of the National University Hospital Phone: 543-2222

SECTION 2: Hazards identification

2.1 Classification of the substance or mixture

Classification (REGULATION (EC) No 1272/2008)

Based on available data this substance / mixture does not meet the classification criteria.

2.2 Label elements

Labelling (REGULATION (EC) No 1272/2008)

Safety data sheet available on request.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

Hazard pictograms	:	No Hazard Symbol required
Signal word	:	No signal word
Hazard statements	:	PHYSICAL HAZARDS: Not classified as a physical hazard according to CLP criteria. HEALTH HAZARDS: Not classified as a health hazard under CLP criteria. ENVIRONMENTAL HAZARDS: Not classified as environmental hazard according to CLP criteria.
Precautionary statements	:	Prevention: No precautionary phrases. Response: No precautionary phrases. Storage: No precautionary phrases. Disposal: No precautionary phrases.
Sensitising components	:	Contains Alkylthiocarbamide molybdenum complex May produce an allergic reaction.

2.3 Other hazards

This mixture does not contain any REACH registered substances that are assessed to be a PBT or a vPvB.

This mixture does not contain any REACH registered substances that are assessed to be a PBT or a vPvB.

Ecological information: The substance/mixture does not contain components considered to have endocrine disrupting properties according to REACH Article 57(f) or Commission Delegated regulation (EU) 2017/2100 or Commission Regulation (EU) 2018/605 at levels of 0.1% or higher.

Toxicological information: The substance/mixture does not contain components considered to have endocrine disrupting properties according to REACH Article 57(f) or Commission Delegated regulation (EU) 2017/2100 or Commission Regulation (EU) 2018/605 at levels of 0.1% or higher.

Prolonged or repeated skin contact without proper cleaning can clog the pores of the skin resulting in disorders such as oil acne/folliculitis.

Used oil may contain harmful impurities.

Not classified as flammable but will burn.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version 1.1 Revision Date.: 20.04.2026 SDS Number: 800010066928 Date of last issue: 03.10.2025
Print Date. 21.04.2026

SECTION 3: Composition/information on ingredients

3.2 Mixtures

Chemical nature : Synthetic base oil and additives.
Highly refined mineral oil.
The highly refined mineral oil contains <3% (w/w) DMSO-extract, according to IP346.
The highly refined mineral oil is only present as additive diluent.

* contains one or more of the following CAS-numbers (REACH registration numbers): 64742-53-6 (01-2119480375-34), 64742-54-7 (01-2119484627-25), 64742-55-8 (01-2119487077-29), 64742-56-9 (01-2119480132-48), 64742-65-0 (01-2119471299-27), 68037-01-4 (01-2119486452-34), 72623-86-0 (01-2119474878-16), 72623-87-1 (01-2119474889-13), 8042-47-5 (01-2119487078-27), 848301-69-9 (01-0000020163-82), 68649-12-7 (01-2119527646-33), 151006-60-9 (01-2119523580-47), 163149-28-8 (01-2119543695-30), 64741-88-4 (01-2119488706-23), 64741-89-5 (01-2119487067-30), 157707-86-3 (01-2119486452-34).

Components

Chemical name	CAS-No. EC-No. Index-No. Registration number	Classification	Concentration (% w/w)
Interchangeable low viscosity base oil (<20,5 cSt @40°C) *	Not Assigned	Asp. Tox. 1; H304	0 - 90
Alkaryl amine	36878-20-3 253-249-4 01-2119488911-28	Aquatic Chronic 4; H413	1 - 3
Molybdenum alkylthiocarbamide complex	Not Assigned 457-320-2 01-0000019337-66	Skin Irrit. 2; H315 Skin Sens. 1B; H317 Aquatic Chronic 3; H412	0,1 - 0,99

For explanation of abbreviations see section 16.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

SECTION 4: First aid measures

4.1 Description of first aid measures

- | | | |
|----------------------------|---|--|
| Protection of first-aiders | : | When administering first aid, ensure that you are wearing the appropriate personal protective equipment according to the incident, injury and surroundings. |
| If inhaled | : | No treatment necessary under normal conditions of use.
If symptoms persist, obtain medical advice. |
| In case of skin contact | : | Remove contaminated clothing. Flush exposed area with water and follow by washing with soap if available.
If persistent irritation occurs, obtain medical attention. |
| In case of eye contact | : | Flush eye with copious quantities of water.
Remove contact lenses, if present and easy to do. Continue rinsing.
If persistent irritation occurs, obtain medical attention. |
| If swallowed | : | In general no treatment is necessary unless large quantities are swallowed, however, get medical advice. |

4.2 Most important symptoms and effects, both acute and delayed

- | | | |
|----------|---|---|
| Symptoms | : | Oil acne/folliculitis signs and symptoms may include formation of black pustules and spots on the skin of exposed areas.
Ingestion may result in nausea, vomiting and/or diarrhea. |
|----------|---|---|

4.3 Indication of any immediate medical attention and special treatment needed

- | | | |
|-----------|---|--|
| Treatment | : | Notes to doctor/physician:
Treat symptomatically. |
|-----------|---|--|

SECTION 5: Firefighting measures

5.1 Extinguishing media

- | | | |
|--------------------------------|---|--|
| Suitable extinguishing media | : | Foam, water spray or fog. Dry chemical powder, carbon dioxide, sand or earth may be used for small fires only. |
| Unsuitable extinguishing media | : | Do not use water in a jet. |

5.2 Special hazards arising from the substance or mixture

- | | | |
|---------------------------------------|---|---|
| Specific hazards during fire-fighting | : | Hazardous combustion products may include:
A complex mixture of airborne solid and liquid particulates and gases (smoke).
Carbon monoxide may be evolved if incomplete combustion |
|---------------------------------------|---|---|

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

occurs.
Unidentified organic and inorganic compounds.

5.3 Advice for firefighters

- Special protective equipment for firefighters : Proper protective equipment including chemical resistant gloves are to be worn; chemical resistant suit is indicated if large contact with spilled product is expected. Self-Contained Breathing Apparatus must be worn when approaching a fire in a confined space. Select fire fighter's clothing approved to relevant Standards (e.g. Europe: EN469).
- Specific extinguishing methods : Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.

SECTION 6: Accidental release measures

6.1 Personal precautions, protective equipment and emergency procedures

- Personal precautions : 6.1.1 For non emergency personnel:
Avoid contact with skin and eyes.
6.1.2 For emergency responders:
Avoid contact with skin and eyes.

6.2 Environmental precautions

- Environmental precautions : Use appropriate containment to prevent uncontrolled release. Prevent from spreading or entering drains, ditches or rivers by using sand, earth, or other appropriate barriers.
- Local authorities should be advised if significant spillages cannot be contained.

6.3 Methods and material for containment and cleaning up

- Methods for cleaning up : Slippery when spilt. Avoid accidents, clean up immediately. Prevent from spreading by making a barrier with sand, earth or other containment material. Reclaim liquid directly or in an absorbent. Soak up residue with an absorbent such as clay, sand or other suitable material and dispose of properly.

6.4 Reference to other sections

For guidance on selection of personal protective equipment see Section 8 of this Safety Data Sheet.,
For guidance on disposal of spilled material see Section 13 of this Safety Data Sheet.

SECTION 7: Handling and storage

7.1 Precautions for safe handling

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version 1.1 Revision Date.: 20.04.2026 SDS Number: 800010066928 Date of last issue: 03.10.2025
Print Date. 21.04.2026

- Technical measures : Use local exhaust ventilation if there is risk of inhalation of vapours, mists or aerosols.
Use the information in this data sheet as input to a risk assessment of local circumstances to help determine appropriate controls for safe handling, storage and disposal of this material.
- Advice on safe handling : Avoid prolonged or repeated contact with skin.
Avoid inhaling vapour and/or mists.
When handling product in drums, safety footwear should be worn and proper handling equipment should be used.
Properly dispose of any contaminated rags or cleaning materials in order to prevent fires.
- Product Transfer : Proper grounding and bonding procedures should be used during all bulk transfer operations to avoid static accumulation.

7.2 Conditions for safe storage, including any incompatibilities

- Further information on storage stability : Keep container tightly closed and in a cool, well-ventilated place.
Use properly labeled and closable containers.
Store at ambient temperature.
Refer to section 15 for any additional specific legislation covering the packaging and storage of this product.
- Packaging material : Suitable material: For containers or container linings, use mild steel or high density polyethylene.
Unsuitable material: PVC.
- Container Advice : Polyethylene containers should not be exposed to high temperatures because of possible risk of distortion.

7.3 Specific end use(s)

- Specific use(s) : Not applicable

SECTION 8: Exposure controls/personal protection

8.1 Control parameters

Occupational Exposure Limits

Components	CAS-No.	Value type (Form of exposure)	Control parameters	Basis
Oil mist, mineral	Not Assigned	TWA (Particles (mist))	1 mg/m3	IS OEL
	Further information: When certain oils are heated, polycyclic aromatic hydrocarbons (PAH) are produced which can have a carcinogenic effect. Such substances can also be present in mineral oils., For mist from aqueous cutting fluid or suchlike, which may also include substances other than oils, the value is applied as a total content with regard to the non-aqueous part. For substances with individual lower limit values, these are applied.			
Oil mist, mineral		TWA (inhalable)	5 mg/m3	US. ACGIH

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version 1.1 Revision Date.: 20.04.2026 SDS Number: 800010066928 Date of last issue: 03.10.2025
Print Date. 21.04.2026

		fraction)		Threshold Limit Values
Oil mist, mineral		TWA (Mist)	1 mg/m3	IS OEL

Biological occupational exposure limits

8.2 Exposure controls

Engineering measures

The level of protection and types of controls necessary will vary depending upon potential exposure conditions. Select controls based on a risk assessment of local circumstances. Appropriate measures include:

Adequate ventilation to control airborne concentrations.

Where material is heated, sprayed or mist formed, there is greater potential for airborne concentrations to be generated.

General Information

Define procedures for safe handling and maintenance of controls.

Educate and train workers in the hazards and control measures relevant to normal activities associated with this product.

Ensure appropriate selection, testing and maintenance of equipment used to control exposure, e.g. personal protective equipment, local exhaust ventilation.

Drain down system prior to equipment break-in or maintenance.

Retain drain downs in sealed storage pending disposal or subsequent recycle.

Always observe good personal hygiene measures, such as washing hands after handling the material and before eating, drinking, and/or smoking. Routinely wash work clothing and protective equipment to remove contaminants. Discard contaminated clothing and footwear that cannot be cleaned. Practice good housekeeping.

Personal protective equipment

The provided information is made in consideration of the PPE regulation (EU 2016/425) and the CEN European Committee for Standardisation (CEN) standards.

Personal protective equipment (PPE) should meet recommended national standards. Check with PPE suppliers.

Eye protection : If material is handled such that it could be splashed into eyes, protective eyewear is recommended.
Approved to EU Standard EN166.

Hand protection

Remarks : Where hand contact with the product may occur the use of gloves approved to relevant standards (e.g. Europe: EN374, US: F739) made from the following materials may provide suitable chemical protection. PVC, neoprene or nitrile rubber gloves Suitability and durability of a glove is dependent on usage, e.g. frequency and duration of contact, chemical resistance of glove material, dexterity. Always seek advice from

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

	<p>glove suppliers. Contaminated gloves should be replaced. Personal hygiene is a key element of effective hand care. Gloves must only be worn on clean hands. After using gloves, hands should be washed and dried thoroughly. Application of a non-perfumed moisturizer is recommended. For continuous contact we recommend gloves with breakthrough time of more than 240 minutes with preference for > 480 minutes where suitable gloves can be identified. For short-term/splash protection we recommend the same but recognize that suitable gloves offering this level of protection may not be available and in this case a lower breakthrough time maybe acceptable so long as appropriate maintenance and replacement regimes are followed. Glove thickness is not a good predictor of glove resistance to a chemical as it is dependent on the exact composition of the glove material. Glove thickness should be typically greater than 0.35 mm depending on the glove make and model.</p>
Skin and body protection	: Skin protection is not ordinarily required beyond standard work clothes.
Respiratory protection	: It is good practice to wear chemical resistant gloves. No respiratory protection is ordinarily required under normal conditions of use. In accordance with good industrial hygiene practices, precautions should be taken to avoid breathing of material. If engineering controls do not maintain airborne concentrations to a level which is adequate to protect worker health, select respiratory protection equipment suitable for the specific conditions of use and meeting relevant legislation. Check with respiratory protective equipment suppliers. Where air-filtering respirators are suitable, select an appropriate combination of mask and filter. Select a filter suitable for combined particulate/organic gases and vapours [Type A/Type P boiling point > 65°C (149°F)] meeting EN14387 and EN143.
Thermal hazards	: Not applicable

SECTION 9: Physical and chemical properties

9.1 Information on basic physical and chemical properties

Physical state	: Liquid at room temperature.
Colour	: amber
Odour	: Slight hydrocarbon
Odour Threshold	: Data not available
Pour point	: -39 °C Method: ASTM D97
Melting / freezing point	: Data not available

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

Initial boiling point and boiling range : > 280 °Cestimated value(s)

Flammability

Flammability (solid, gas) : Not applicable

Flammability (liquids) : Not classified as flammable but will burn.

Lower explosion limit and upper explosion limit / flammability limit

Upper explosion limit /
Upper flammability limit : Typical 10 %(V)

Lower explosion limit /
Lower flammability limit : Typical 1 %(V)

Flash point : 230 °C
Method: ASTM D92 (COC)

Auto-ignition temperature : > 320 °C

Decomposition temperature
Decomposition temperature : Data not available

pH : Not applicable

Viscosity

Viscosity, dynamic : Data not available

Viscosity, kinematic : 12,0 mm²/s (100 °C)
Method: ASTM D445

67,1 mm²/s (40,0 °C)
Method: ASTM D445

Solubility(ies)

Water solubility : negligible

Solubility in other solvents : Data not available

Partition coefficient: n-octanol/water : log Pow: > 6
(based on information on similar products)

Vapour pressure : < 0,5 Pa (20 °C)
estimated value(s)

Density : 836,1 kg/m³ (15,0 °C)
Method: ASTM D4052

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

Particle characteristics
Particle size : Data not available

9.2 Other information

Explosive properties : Classification Code: Not classified

Oxidizing properties : Data not available

Flammability (liquids) : Not classified as flammable but will burn.

Evaporation rate : Data not available

Conductivity : This material is not expected to be a static accumulator.

SECTION 10: Stability and reactivity

10.1 Reactivity

The product does not pose any further reactivity hazards in addition to those listed in the following sub-paragraph.

10.2 Chemical stability

Stable.
No hazardous reaction is expected when handled and stored according to provisions

10.3 Possibility of hazardous reactions

Hazardous reactions : Reacts with strong oxidising agents.

10.4 Conditions to avoid

Conditions to avoid : Extremes of temperature and direct sunlight.

10.5 Incompatible materials

Materials to avoid : Strong oxidising agents.

10.6 Hazardous decomposition products

No decomposition if stored and applied as directed.

SECTION 11: Toxicological information

11.1 Information on hazard classes as defined in Regulation (EC) No 1272/2008

Information on likely routes of exposure : Skin and eye contact are the primary routes of exposure although exposure may occur following accidental ingestion.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

Acute toxicity

Product:

Acute oral toxicity	:	LD50 (rat): > 5.000 mg/kg Remarks: Low toxicity Based on available data, the classification criteria are not met.
Acute inhalation toxicity	:	Remarks: Based on available data, the classification criteria are not met.
Acute dermal toxicity	:	LD50 (Rabbit): > 5.000 mg/kg Remarks: Low toxicity Based on available data, the classification criteria are not met.

Skin corrosion/irritation

Product:

Remarks	:	Slightly irritating to skin. Prolonged or repeated skin contact without proper cleaning can clog the pores of the skin resulting in disorders such as oil acne/folliculitis. Based on available data, the classification criteria are not met.
---------	---	--

Serious eye damage/eye irritation

Product:

Remarks	:	Slightly irritating to the eye. Based on available data, the classification criteria are not met.
---------	---	--

Respiratory or skin sensitisation

Product:

Remarks	:	For respiratory and skin sensitisation: Not a sensitiser. Based on available data, the classification criteria are not met.
---------	---	---

Components:

Molybdenum alkylthiocarbamide complex:

Remarks	:	May cause an allergic skin reaction in sensitive individuals.
---------	---	---

Germ cell mutagenicity

Product:

Genotoxicity in vivo	:	Remarks: Non mutagenic Based on available data, the classification criteria are not met.
----------------------	---	---

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version 1.1 Revision Date.: 20.04.2026 SDS Number: 800010066928 Date of last issue: 03.10.2025
Print Date. 21.04.2026

Germ cell mutagenicity- Assessment : This product does not meet the criteria for classification in categories 1A/1B.

Carcinogenicity

Product:

Remarks : Not a carcinogen.
Based on available data, the classification criteria are not met.

Carcinogenicity - Assessment : This product does not meet the criteria for classification in categories 1A/1B.

Material	GHS/CLP Carcinogenicity Classification
Highly refined mineral oil	No carcinogenicity classification.

Reproductive toxicity

Product:

Effects on fertility :
Remarks: Not a developmental toxicant., Does not impair fertility., Based on available data, the classification criteria are not met.

Reproductive toxicity - Assessment : This product does not meet the criteria for classification in categories 1A/1B.

STOT - single exposure

Product:

Remarks : Based on available data, the classification criteria are not met.

STOT - repeated exposure

Product:

Remarks : Based on available data, the classification criteria are not met.

Repeated dose toxicity

Aspiration toxicity

Product:

Not an aspiration hazard., Based on available data, the classification criteria are not met.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

11.2 Information on other hazards

Endocrine disrupting properties

Product:

Assessment : The substance/mixture does not contain components considered to have endocrine disrupting properties according to REACH Article 57(f) or Commission Delegated regulation (EU) 2017/2100 or Commission Regulation (EU) 2018/605 at levels of 0.1% or higher.

Experience with human exposure

Toxicology, Metabolism, Distribution

Neurological effects

Further information

Product:

Remarks	: Used oils may contain harmful impurities that have accumulated during use. The concentration of such impurities will depend on use and they may present risks to health and the environment on disposal. ALL used oil should be handled with caution and skin contact avoided as far as possible.
Remarks	: Continuous contact with used engine oils has caused skin cancer in animal tests.
Remarks	: Slightly irritating to respiratory system.
Remarks	: Classifications by other authorities under varying regulatory frameworks may exist.
Remarks	: Unless indicated otherwise, the data presented is representative of the product as a whole, rather than for individual component(s).

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

SECTION 12: Ecological information

12.1 Toxicity

Product:

- | | | |
|--|---|---|
| Toxicity to fish | : | Remarks: Based on available data, the classification criteria are not met.
Practically non toxic:
LL/EL/IL50 > 100 mg/l |
| Toxicity to daphnia and other aquatic invertebrates | : | Remarks: Based on available data, the classification criteria are not met.
Practically non toxic:
LL/EL/IL50 > 100 mg/l |
| Toxicity to algae/aquatic plants | : | Remarks: Based on available data, the classification criteria are not met.
Practically non toxic:
LL/EL/IL50 > 100 mg/l |
| Toxicity to fish (Chronic toxicity) | : | Remarks: Based on available data, the classification criteria are not met. |
| Toxicity to daphnia and other aquatic invertebrates (Chronic toxicity) | : | Remarks: Based on available data, the classification criteria are not met. |
| Toxicity to microorganisms | : | Remarks: Based on available data, the classification criteria are not met. |

12.2 Persistence and degradability

Product:

- | | | |
|------------------|---|---|
| Biodegradability | : | Remarks: Not readily biodegradable.
Major constituents are inherently biodegradable, but contains components that may persist in the environment.
Persistent per IMO criteria.
International Oil Pollution Compensation (IOPC) Fund definition:
"A non-persistent oil is oil, which, at the time of shipment, consists of hydrocarbon fractions, (a) at least 50% of which, by volume, distills at a temperature of 340°C (645°F) and (b) at least 95% of which, by volume, distils at a temperature of 370°C (700°F) when tested by the ASTM Method D-86/78 or any subsequent revision thereof." |
|------------------|---|---|

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

12.3 Bioaccumulative potential

Product:

Bioaccumulation : Remarks: Contains components with the potential to bioaccumulate.

12.4 Mobility in soil

Product:

Mobility : Remarks: Liquid under most environmental conditions., If it enters soil, it will adsorb to soil particles and will not be mobile.

Remarks: Floats on water.

12.5 Results of PBT and vPvB assessment

Product:

Assessment : This mixture does not contain any REACH registered substances that are assessed to be a PBT or a vPvB..
: This mixture does not contain any REACH registered substances that are assessed to be a PBT or a vPvB..

12.6 Endocrine disrupting properties

Product:

Assessment : The substance/mixture does not contain components considered to have endocrine disrupting properties according to REACH Article 57(f) or Commission Delegated regulation (EU) 2017/2100 or Commission Regulation (EU) 2018/605 at levels of 0.1% or higher.

12.7 Other adverse effects

Product:

Additional ecological information : Does not have ozone depletion potential, photochemical ozone creation potential or global warming potential.
Product is a mixture of non-volatile components, which will not be released to air in any significant quantities under normal conditions of use.

Poorly soluble mixture.
Causes physical fouling of aquatic organisms.

Unless indicated otherwise, the data presented is representative of the product as a whole, rather than for individual component(s).

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

SECTION 13: Disposal considerations

13.1 Waste treatment methods

- | | |
|------------------------------|--|
| Product | : Recover or recycle if possible.
It is the responsibility of the waste generator to determine the toxicity and physical properties of the material generated to determine the proper waste classification and disposal methods in compliance with applicable regulations.
Waste product should not be allowed to contaminate soil or ground water, or be disposed of into the environment.
Do not dispose into the environment, in drains or in water courses.
Do not dispose of tank water bottoms by allowing them to drain into the ground. This will result in soil and groundwater contamination.
Waste arising from a spillage or tank cleaning should be disposed of in accordance with prevailing regulations, preferably to a recognised collector or contractor. The competence of the collector or contractor should be established beforehand.

MARPOL - see International Convention for the Prevention of Pollution from Ships (MARPOL 73/78) which provides technical aspects at controlling pollutions from ships. |
| Contaminated packaging | : Dispose in accordance with prevailing regulations, preferably to a recognized collector or contractor. The competence of the collector or contractor should be established beforehand. Disposal should be in accordance with applicable regional, national, and local laws and regulations. |
| Local legislation
Remarks | : Disposal should be in accordance with applicable regional, national, and local laws and regulations. |

SECTION 14: Transport information

14.1 UN number or ID number

- | | |
|------|-------------------------------------|
| ADR | : Not regulated as a dangerous good |
| IMDG | : Not regulated as a dangerous good |
| IATA | : Not regulated as a dangerous good |

14.2 UN proper shipping name

- | | |
|------|-------------------------------------|
| ADR | : Not regulated as a dangerous good |
| IMDG | : Not regulated as a dangerous good |

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

IATA : Not regulated as a dangerous good

14.3 Transport hazard class(es)

ADR : Not regulated as a dangerous good

IMDG : Not regulated as a dangerous good

IATA : Not regulated as a dangerous good

14.4 Packing group

ADR : Not regulated as a dangerous good

IMDG : Not regulated as a dangerous good

IATA : Not regulated as a dangerous good

14.5 Environmental hazards

ADR : Not regulated as a dangerous good

IMDG : Not regulated as a dangerous good

14.6 Special precautions for user

Remarks : Special Precautions: Refer to Section 7, Handling & Storage, for special precautions which a user needs to be aware of or needs to comply with in connection with transport.

14.7 Maritime transport in bulk according to IMO instruments

MARPOL Annex 1 rules apply for bulk shipments by sea.

SECTION 15: Regulatory information

15.1 Safety, health and environmental regulations/legislation specific for the substance or mixture

REACH - Restrictions on the manufacture, placing on the market and use of certain dangerous substances, mixtures and articles (Annex XVII) : Not applicable

REACH - Restrictions on the manufacture, placing on the market and use of certain dangerous substances, mixtures and articles (Annex XVII) : Not applicable

REACH - List of substances subject to authorisation (Annex XIV) : Product is not subject to Authorisation under REACH.

Volatile organic compounds : Volatile organic compounds (VOC) content: 0 %

Other regulations:

The regulatory information is not intended to be comprehensive. Other regulations may apply to this material.

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

The components of this product are reported in the following inventories:

EU REACH : Notified with Restrictions.

US TSCA : All components listed.

15.2 Chemical safety assessment.

No Chemical Safety Assessment has been carried out for this substance/mixture by the supplier.

SECTION 16: Other information

Full text of H-Statements

H304	: May be fatal if swallowed and enters airways.
H315	: Causes skin irritation.
H317	: May cause an allergic skin reaction.
H412	: Harmful to aquatic life with long lasting effects.
H413	: May cause long lasting harmful effects to aquatic life.

Full text of other abbreviations

Aquatic Chronic	: Long-term (chronic) aquatic hazard
Asp. Tox.	: Aspiration hazard
Skin Irrit.	: Skin irritation
Skin Sens.	: Skin sensitisation
IS OEL	: Iceland. Regulation on occupational exposure limits.
IS OEL / TWA	: Time weighted average
IS OEL / TWA	: Long term exposure limit

ADN - European Agreement concerning the International Carriage of Dangerous Goods by Inland Waterways; ADR - Agreement concerning the International Carriage of Dangerous Goods by Road; AIIIC - Australian Inventory of Industrial Chemicals; ASTM - American Society for the Testing of Materials; bw - Body weight; CLP - Classification Labelling Packaging Regulation; Regulation (EC) No 1272/2008; CMR - Carcinogen, Mutagen or Reproductive Toxicant; DIN - Standard of the German Institute for Standardisation; DSL - Domestic Substances List (Canada); ECHA - European Chemicals Agency; EC-Number - European Community number; ECx - Concentration associated with x% response; ELx - Loading rate associated with x% response; EmS - Emergency Schedule; ENCS - Existing and New Chemical Substances (Japan); ErCx - Concentration associated with x% growth rate response; GHS - Globally Harmonised System; GLP - Good Laboratory Practice; IARC - International Agency for Research on Cancer; IATA - International Air Transport Association; IBC - International Code for the Construction and Equipment of Ships carrying Dangerous Chemicals in Bulk; IC50 - Half maximal inhibitory concentration; ICAO - International Civil Aviation Organization; IECSC - Inventory of Existing Chemical Substances in China; IMDG - International Maritime Dangerous Goods; IMO - International Maritime Organisation; ISHL - Industrial Safety and Health Law (Japan); ISO - International Organisation for Standardisation; KECI - Korea Existing Chemicals Inventory; LC50 - Lethal Concentration to 50 % of a test population; LD50 - Lethal Dose to 50% of a test population (Median Lethal Dose); MARPOL - International Convention for the Prevention of Pollution from Ships; n.o.s. - Not Otherwise Specified; NO(A)EC - No Observed (Adverse) Effect Concentration; NO(A)EL - No Observed (Adverse) Effect Level; NOELR - No Observable Effect Loading Rate; NZIoC - New Zealand Inventory of

SAFETY DATA SHEET.

According to EC No 1907/2006 as amended as at the date of this SDS

Helix Extra Professional AR-L 5W-30

Version	Revision Date.:	SDS Number:	Date of last issue: 03.10.2025
1.1	20.04.2026	800010066928	Print Date. 21.04.2026

Chemicals; OECD - Organisation for Economic Co-operation and Development; OPPTS - Office of Chemical Safety and Pollution Prevention; PBT - Persistent, Bioaccumulative and Toxic substance; PICCS - Philippines Inventory of Chemicals and Chemical Substances; (Q)SAR - (Quantitative) Structure Activity Relationship; REACH - Regulation (EC) No 1907/2006 of the European Parliament and of the Council concerning the Registration, Evaluation, Authorisation and Restriction of Chemicals; RID - Regulations concerning the International Carriage of Dangerous Goods by Rail; SADT - Self-Accelerating Decomposition Temperature; SDS - Safety Data Sheet; SVHC - Substance of Very High Concern; TCSI - Taiwan Chemical Substance Inventory; TECI - Thailand Existing Chemicals Inventory; TRGS - Technical Rule for Hazardous Substances; TSCA - Toxic Substances Control Act (United States); UN - United Nations; vPvB - Very Persistent and Very Bioaccumulative

Further information

- | | | |
|---|---|--|
| Training advice | : | Provide adequate information, instruction and training for operators. |
| Other information | : | No Exposure Scenario annex is attached to this safety data sheet. It is a non-classified mixture containing hazardous substances as detailed in Section 3; relevant information from Exposure Scenarios for the hazardous substances contained have been integrated into the core sections 1-16 of this SDS. A vertical bar () in the left margin indicates an amendment from the previous version. |
| Sources of key data used to compile the Safety Data Sheet | : | The quoted data are from, but not limited to, one or more sources of information (e.g. toxicological data from Shell Health Services, material suppliers' data, CONCAWE, EU IUCLID date base, EC 1272 regulation, etc). |

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

IS / EN